

## THE VIRGINIA BEACH SOCIAL RESPONSIBILITY PROGRAM

We understand that an increasing number of convention delegates want to assist the communities in which they assemble. The City of Virginia Beach's Convention and Visitors Bureau, in partnership with the United Way of South Hampton Roads, is here to facilitate your group's "Social Responsibility" experience.

The Convention and Visitors Bureau will be happy to contact the agencies on your behalf to facilitate your volunteer work. Please review the list of agencies below and contact us to let us know which volunteer program you are interested in.

Don't see a volunteer opportunity that your group is interested in? Our Volunteer Resource Manager will be happy to assist you in locating the volunteer program that you are looking for.

**Contact: Renée Berry, Volunteer Resource Manager**  
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Tel: (757) 385-2128 Direct, Email: [rberry@vbgov.com](mailto:rberry@vbgov.com)

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The United Way of South Hampton Roads Certified Agencies in need of Volunteers:

**ACCESS (AIDS Care Center for Education & Support Services), Norfolk**

**Agency Focus:** Access focuses on providing services for persons impacted by HIV/AIDS via case management, transportation, HIV/STD prevention education, children/youth programs, housing, meal delivery/food pantry and outreach.

**Volunteers Needed For:**

Volunteers are needed for a variety of activities including their Meal Delivery Program that delivers cooked and packaged meals to clients who are unable to shop and cook for themselves.

**American Cancer Society, South Atlantic Division, Virginia Beach**

**Agency Focus:** The American Cancer Society is a community-based volunteer health organization dedicated to eliminating cancer by prevention, saving lives and diminishing suffering from cancer through research, education, advocacy, and service.

**Volunteers Needed For:**

Volunteer opportunities are typically through local events such as Relay For Life Fundraising over night team walk, Making Strides Against Breast Cancer Walk and Golf Tournaments. Additional volunteers are needed for their Speakers Bureau.

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## American Red Cross of Southeastern Virginia, Norfolk

**Agency Focus:** The American Red Cross provides 24-hours emergency services, disaster relief, blood collections, military, veteran, family communication/assistance, CPR, First Aid, water safety programs, dental care and emergency language translation.

**Volunteers Needed For:**

Blood Collection: Blood donation and blood drive volunteers are needed to work at local community blood drives at the registration and refreshments tables. Volunteers are also needed to transport blood.

## Armed Services YMCA of Hampton Roads, Virginia Beach

**Agency Focus:** This organization currently provides child care, Virtual Food Pantry, family support, airport lounge support, Operation Hero, Bread Ministry, Family Support Groups and homecomings

**Volunteers Needed For:**

Volunteers are needed to assist with bread/bakery goods distribution activity. Every Tuesday and Wednesday bakery goods are picked and distributed to a different site. The help would include driving a van with a trailer, setting up bakery goods for next day's pick up and return the next day to oversee handout of free bread goods.

They also have a need for volunteers to help with homecoming events as military units return from long deployments. Events occur periodically throughout the year.

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## Boys & Girls Clubs of Southeast Virginia, Norfolk

**Agency Focus:** The Boys and Girls Club is a youth development organization dedicated to promoting the positive, social, educational, physical, and character development of club members between the ages of 6 - 18

**Volunteers Needed For:**

Volunteers are needed for various educational activities to include homework assistance, arts and photography.

## Catholic Charities of Eastern Virginia, Inc., Virginia Beach

**Agency Focus:** Catholic Charities provides services including clinical counseling, adult guardianship, respite care, pregnancy counseling, adoptions, kinship care, financial & housing counseling, mediation, education, financial aid and prescription medication aid.

**Volunteers Needed For:**

Their "Cares" Program: visiting seniors who need companionship or transportation to medical appointments and other activities of daily living.

Additional assistance with clerical work is also needed to help families with emergency financial needs to avoid eviction from their homes or having their utilities shut off.

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## Cerebral Palsy of Virginia, Virginia Beach

**Agency Focus:** Cerebral Palsy of Virginia provides social and recreational activities those with CP and other disabilities to include summer camps, respite time and educational awareness for primary schools.

**Volunteers Needed For:**

Volunteers are needed to work with adults with disabilities by volunteering to be a mentor and/or buddy for community activities and art work.

In addition, Summer Camp volunteers are needed to work one-on-one with campers on a variety of activities such as board and computer games, field trips to museums in the community, arts and crafts.

## Chesapeake Service Systems, Chesapeake

**Agency Focus:** CSS provides vocational assessment, training and employment opportunities to people with severe developmental and other disabilities in South Hampton Roads.

**Volunteers Needed For:**

Volunteers are needed to assist with weekly bingo games and to provide one on one assistance working with people with severe disabilities.

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**Children's Harbor (Places and Programs for Children, Inc.), Portsmouth**

**Agency Focus:** Developmental early care and education in four centers for ages 6 weeks to 12 years, community training and technical assistance, emergency voucher program, and USDA Child and Adult Care Food Program.

**Volunteers Needed For:**

Volunteers are needed for a variety of projects including cleaning, yard work, furniture repair, painting, bus detailing and file maintenance.

Some longer scale maintenance projects such as playground renovation are also available.

**Colonial Virginia Council, Boy Scouts of America, Newport News**

**Agency Focus:** To instill the values found in the Scout Oath and Laws in order to help build character, citizenship and fitness of our youth.

**Volunteers Needed For:**

Volunteers are needed to help with Scout Reservation Projects. The time commitment would vary based on the project.

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## Ecumenical Family Shelter, Inc., Norfolk

**Agency Focus:** The Dwelling Place provides emergency shelter for families in crisis. Services include case management, counseling, housing assistance, children's programs, transportation and in-home services.

**Volunteers Needed For:**

Volunteers are needed to perform maintenance duties such as indoor painting and minor electrical/plumbing repairs, shed/storage organization, and gardening and beautification projects.

## Edmarc Hospice for Children, Portsmouth

**Agency Focus:** Home healthcare, hospice care to include nursing therapies, medical social work, socialization activities and events, volunteer support, sibling and family support and bereavement care.

**Volunteers Needed For:**

Volunteers are needed to sponsor and assist with funding raising events. Volunteers are also need to donate and assemble meals/baskets. Other volunteer projects include assisting families with building ramps, beds, rails and general household repairs/upkeep.

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## Foodbank of Southeastern Virginia, Norfolk

**Agency Focus:** The Foodbank of Southeastern Virginia promotes food recovery, acquires and distributes food and related products and provides community leadership and education on issues of hunger and poverty.

**Volunteers Needed For:**

Volunteers are needed with donations including inspecting, cleaning and sorting donated products by category – and to palletize and label for delivery or distribution.

Volunteers are also needed for USDA distribution: Checking in clients and handing out numbers, assisting with record keeping and intake and setting up areas for distribution by arranging USDA boxes and other products to be distributed in an orderly manner.

## ForKids, inc., Norfolk

**Agency Focus:** ForKids provides homeless families in South Hampton Roads with housing and comprehensive services to foster permanent, positive family development leading to self-sufficient futures.

**Volunteers Needed For:**

Volunteers are needed for afterschool meals and homework activities from 4:30 - 6:00 pm.

Volunteers are also needed for apartment decorating. This organization provides apartments and needs volunteers to help clean, paint and decorate for new families. This project requires approximately 4-6 volunteers for 4-6 hours.

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## Girl Scout Council of Colonial Coast, Chesapeake

**Agency Focus:** Girl Scouting builds girls of courage, confidence and character, who make the world a better place.

**Volunteers Needed For:**

Volunteers are needed to guide and connect youth to their community, especially in projects that require political activism or civic involvement. A youth-adult partnership in decision-making has been shown to have particularly strong positive outcomes.

Many youth do not naturally assume leadership roles & need to be coached along the way. Such coaching might include trainings, workshops and other opportunities to expand their skill sets.

In addition, the Girl Scout Council of Colonial Coast has two properties that are constantly in need of repair, paint and replacements. The Property Department would benefit from willing volunteers to help with projects throughout the year.

## Girls Incorporated of Southwest Hampton Roads Center for Youth, Portsmouth

**Agency Focus:** This organization provides licensed child care, specializing in before/afterschool, summer day camp, pre-school and outreach programming in pregnancy prevention.

**Volunteers Needed For:**

Volunteers are needed for special events, various fundraisers, programs and workshops on life-skills throughout the year. Volunteers are also needed to assist in administrative work.

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## Goodwill Industries, Virginia Beach

**Agency Focus:** Goodwill Industries of Hampton Roads, Inc. is a community-based organization that serves people with obstacles to employment through education, training and job placement services.

**Volunteers Needed For:**

Volunteers are needed for instructional opportunities in our employment center with services such as financial literacy, interviewing skills, job mentoring, tax aide, etc.

## Habitat for Humanity of South Hampton Roads, Inc., Norfolk

**Agency Focus:** Habitat builds affordable, decent homes and healthy vital communities by providing home ownership opportunities for qualified low-income families in South Hampton Roads.

**Volunteers Needed For:**

Volunteers are needed for construction opportunities on Habitat homes throughout the Hampton Roads area. In addition, volunteers are needed our Habitat General Stores that sell donated goods and building materials to fund our house building operations.

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## Ida Barbour Early Learning Center, Portsmouth

**Agency Focus:** Ida Barbour Early Learning Center provides early childcare and education for children ages 6 weeks to 7 years, preparing them for success in school.

**Volunteers Needed For:**

Volunteers are needed to assist with picnic tables that need sanded and painted. Also, volunteers are needed to plan and serve Mother's Day Tea.

## Judeo-Christian Outreach Center, Virginia Beach

**Agency Focus:** The Judeo-Christian Outreach Center provides a full service recovery program providing food, shelter, clothing, medical assessments, substance abuse referral, education services and job training for homeless men, women and families.

**Volunteers Needed For:**

Volunteers are needed to prepare and serve one of our evening meals to over 90 people who are either homeless or at risk of becoming homeless. We serve 32,000 free evening meals per year.

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### Mother Seton House, Inc., Virginia Beach

**Agency Focus:** Mother Seton House offers shelter and counseling for at-risk youth through our residential, youth and family counseling, in-school, mentoring children of prisoners and street outreach programs.

**Volunteers Needed For:**

As with any home, both shelters are in need of regular maintenance - groundskeeping, paint and other general repairs. Groups and/or individuals can assist as their time allows.

### Norfolk Marine Institute, Norfolk

**Agency Focus:** Norfolk Marine Institute is a non-profit program that provides alternative education and behavior modification for court involved youth.

**Volunteers Needed For:**

Volunteers are needed for building maintenance, repairs and other improvements.

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## Norfolk Senior Center, Norfolk

**Agency Focus:** The Norfolk Senior Center provides services and activities meeting special needs of older adults of South Hampton Roads through licensed adult day services, senior center, transportation, meals and information.

**Volunteers Needed For:**

Volunteers are needed to teach a new exercise or assist in current classes and activities and help new students. Volunteers are also needed for Special Events for seniors to include assisting with coordinating or staffing events such as holiday parties for Adult Day Service participants as well as wellness, art or other fairs open to all older adults. Role is flexible and based on skills and time of volunteer.

## Our House Families, Chesapeake

**Agency Focus:** Our House Families provides Emergency and Transitional Shelter to homeless families, Information referral service, Financial Assistance and Literacy classes to help prevent homelessness.

**Volunteers Needed For:**

Volunteers are need to paint, build and provide needed maintenance or enhancements to the shelter or apartments..

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## Portsmouth Area Resources Coalition, Inc., Portsmouth

**Agency Focus:** The Portsmouth Area Resources Coalition (PARC) provides assistance for households "at risk" for experiencing homelessness and promotes self-sufficiency by uniting community resources to meet basic human needs.

### **Volunteers Needed For:**

Volunteers are needed for the weekend soup kitchen – helping to feed the hungry and homeless. Duties include food preparation, serving and clean-up of the lunchtime meal. Total commitment time is approximately 2½ hours on Saturday or Sunday.

Volunteers are also needed for a variety of activities at the PARC Family Shelter including small painting jobs, small "handyman" jobs, weekly reading sessions to children, adult workshops, computer lab training for adults and running computer labs to help shelter teenagers with their homework. Volunteers needed for weekly donation pick-ups are also needed.

## REACH, Inc. (Reading Enriches All Children), Norfolk

**Agency Focus:** REACH provides literacy support to homeless and at-risk children and their families through reading aloud, distributing books and school supplies and promoting reading initiatives.

### **Volunteers Needed For:**

Volunteers are needed to participate in book and school supply drives to enable REACH to assure access to and ownership of books. Volunteers are also needed to read aloud at one of the local shelters served by REACH.

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## Samaritan House, Inc., Virginia Beach

**Agency Focus:** Samaritan House provides a comprehensive range of crisis hotline, residential, counseling, legal referrals, victim advocacy and outreach services to homeless families and victims of domestic violence.

### **Volunteers Needed For:**

Volunteers are needed for a variety of activities including the Shelter Food Shopper program. Volunteers will assist the House Manager with food shopping for shelters. Group of volunteers and House Manager will go to the grocery store together and shop for shelters using a list. Transportation of volunteers and groceries will need to be arranged.

Volunteers are also needed for their maintenance program. Volunteers will assist the maintenance supervisor with needs at shelter and apartment complexes. Included is landscaping, painting, some plumbing, some electrical work, moving heavy appliances, changing air filters and various other tasks as needed.

## Sickle Cell Association, Inc., Norfolk

**Agency Focus:** Sickle Cell Association, Inc. works to provide comprehensive health education, counseling and testing services while striving to improve the quality of life for sickle cell clients and their families.

### **Volunteers Needed For:**

Volunteers are needed for several activities including Health Fairs in the community.

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## St. Mary's Home for Disabled Children, Norfolk

**Agency Focus:** St. Mary's Home provides clinical care, education and therapeutic recreation in a nurturing environment for 88 children (birth to 21) with severe to profound disabilities.

### **Volunteers Needed For:**

We also offer positions for those within the community who seek a volunteer outlet. All of these positions aid individual departments with administrative work, data collection as well as assisting with the different therapy departments as they work with the children during the afternoons, evenings and weekends.

These positions are handled on an individual basis and tailored to the needs of the Home and the volunteer.

Volunteers are needed for building up-keep and ground maintenance.

## The Salvation Army, Portsmouth

**Agency Focus:** The Salvation Army of Portsmouth rent, food, and utility assistance and character building youth programming for at risk children.

### **Volunteers Needed For:**

Volunteers are need to make food bags for our food pantry.

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*Urban League of Hampton Roads, Inc., Portsmouth*

**Agency Focus:** The Urban League offers services to enable individuals and families to become self-sustaining. This is accomplished by direct services in areas of education, employment, health and housing.

**Volunteers Needed For:**

Volunteers are needed to assist with mailing campaigns, facilitating workshops, assisting with voter registration drives, youth leaders and outreach (distributing flyers, door hangers, brochures, etc.).

*USO of Hampton Roads, Fort Monroe*

**Agency Focus:** The USO of Hampton Roads provides enhancement of the the quality of life for US Armed Forces personnel and their families worldwide and create a cooperative relationship between U.S. Military and civilian communities.

**Volunteers Needed For:**

The USO of Hampton Roads is constantly in need of volunteers to work at one of our South-side service centers. The role of the volunteer is to greet military service members and/or family members who are traveling through or live in Hampton Roads and provide light snacks and information.

The USO of Hampton Roads presents annual Quality of Life events such as, Military Appreciation at the Virginia Zoo, Patriotic Festival and a Holiday Party. These are major events that are attended by thousands of military personnel and their families. The USO of Hampton Roads needs many volunteers for this event to assist in light manual labor and to help man Information and Referral booths.

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## William A. Hunton Family YMCA, Norfolk

**Agency Focus:** Hunton YMCA provides childcare, before and after school care, youth, adult and senior citizen health, fitness, life skills, substance abuse prevention, team sports and recreational activities,

**Volunteers Needed For:**

Volunteers are needed for a variety of tasks. Volunteers can assist with supervised recreation activities. This is on going and can be daily, weekly or monthly.

## YWCA of South Hampton Roads, Norfolk

**Agency Focus:** The YWCA meets the needs of women and girls in our community, working in the areas of domestic violence, sexual assault, child care, women's economic empowerment and the elimination of racism. They put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all. UW funding supports childcare, swimming lessons, day camp and youth programs.

**Volunteers Needed For:**

Opportunities for volunteerism vary throughout our 13 branches/program centers. For more information please contact your nearest YMCA of South Hampton Roads branch or program center. Group work projects such as yard work, painting, and cleaning and adopting a room at shelters to spruce up and decorate.

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